

## Infant Care Plan for Jesus Loves Me Learning Center (JLMLC)

Child's name: \_\_\_\_\_ D.O.B.: \_\_\_\_\_

Completed by: \_\_\_\_\_ Date: \_\_\_\_\_

(Please answer the questions that apply to your child.)

### **Your Child's Daily Routine:**

Please write down your child's basic schedule or routine on a typical day at home (when/how often he/she eats, sleeps, and plays). Knowing this will help us anticipate your child's schedule at the Center.

### **Sleeping:**

**Our license prohibits infants under 12 months from having a blanket (or anything but a pacifier) in the crib. We are also required to lay infants on their backs in their cribs when going to sleep.**

**We encourage you to provide a swaddle sack or sleep sack for your child to sleep in. Keeping in mind the safe sleep regulations, it will help your child make a smoother transition if what you do at home is what we can do here.**

How does your child indicate sleepiness?

How does your child usually fall asleep? (rocking, fall asleep in arms, on own, etc.)

Does your child sleep with a pacifier?

Does your child use a sleep sack or swaddle sack?

How long is a typical nap for your child?

**Feeding and Eating:**

What temperature does your child prefer the formula or breast milk? (cool, warm, room temperature)

How do you hold your child during feeding?

Does your child need to burp during feedings?

What, if any, special routines do you have while feeding your child? (blanket, rocking, standing, etc.)

What, if any, solid food is your child eating? How do you prepare them? (amount, consistency, temperature)

Does your child have any food allergies?

**Playing:**

What is your child interested in exploring or playing with at this time?

**Social and Emotional Development:**

Where was your child before he/she came to this Center? (home, home or group day care, relative's home)

What can we do to help your child adjust to child care?

How would you describe your child's temperament?

How do you comfort your child? Any special comforting items he/she uses?

**Health and General Development:**

Do you have any concerns about your child's health or overall development?

**Diaper Cream, Sunscreen, Medicine:**

If you would like us to apply diaper cream, sunscreen, or give any kind of medication, please ask for a medical permission sheet to fill out. Baby powder is not allowed in our room.